# ➤ 105-Series Simple Timekeeping

Simple Timekeeping is a complete system for all types of training applications.

The system is up and running in only a couple of seconds.

The package contains a 105 series 4 digit scoreboard, a wireless remote control with LCD display and a wireless photocell with reflex and tripod for finish line. With the help of these products it is possible to use the system in several different ways such as:



### Stop Watch

Use the scoreboard together with the remote as a traditional stop watch where everyone can see the running time on the scoreboard. The time is started from either the remote with a clear beep from the scoreboard or the option start photocell. As finish/split time it is possible to use either finish photocell or the stop button on the remote, after a time press the remote to continue.

# • Count Up & Down

Set the system to count up or down a specific time and get a beep at the end of the given time. Perfect for a time limited warm-up period or a simple game.

## • Pace mode

Pace mode is a function where a predefined time is counted up or down, at the end of the count the scoreboard beeps and starts all over again. Perfect for interval training or rotation on station based exercises.

### Point/lap counter

Use the scoreboard as an easy point counter for two teams or a lap counter, controlled by the remote.

# • Daytime & Temperature

When the system is note actively used the board can be set to switch between daytime and temperature.

